

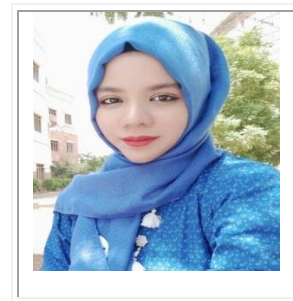


Full Name: Dr. Tuba Sahar

Position/ Designation: Lecturer

Faculty/Department: Pharmacy

Email Address: tuba.sahar@nhu.edu.pk



Short Introduction

I have been serving as a distinguished pharmacy lecturer at Nazeer Hussain University since 2017. With a wealth of expertise in pharmacy practice and a passion for education, I bring a dynamic and engaging approach to the classroom, inspiring students to excel in the field of pharmacy. I am constantly seeking opportunities to expand my own knowledge, staying updated with the latest advancements in pharmacy and education, and incorporating them into my teaching.

Experience

Lecturer •Nazeer Hussain University •Mar 2022 -till date

- ✓ Providing comprehensive teaching skills at Department of Pharmaceutics.
- ✓ In collaboration with QEC-NHU, working as program team member for Faculty of Pharmacy.
- ✓ Actively involved in organizing seminars, workshops and other events.

Lecturer •Nazeer Hussain University •Oct 2017-Dec 2019

Provided comprehensive teaching and admin support. Delivered one-to-one assistance to students during practical sessions and supervised the classroom during examination. Conducted/assisted the following courses:

1. Pharmaceutical Microbiology & Immunology
2. Physical Pharmacy
3. Dosage form Sciences
4. Industrial Pharmacy
5. Pharmaceutical Quality Management

Teacher •Sultanpur Educational Society & Schooling System•Oct 2015— Sep 2017



Worked as science subject expert in the schooling system, participated in seminars and training sessions and have been the part of organizing team in co-curricular activities.

Internee •Abbasi Shaheed Hospital •June 2013–Jul 2013

Assisted pharmacists in prescription filling and error checking. Answered patients queries regarding dosage administration and side effects. Studied and evaluated patients' case histories in different wards.

Educational Information

Ph.D (Pharmaceutics) – In Progress

- University of Karachi
- Faculty of pharmacy and pharmaceutical sciences

M.Phil. (Pharmaceutics) •April 2021

- University of Karachi
- Faculty of pharmacy and pharmaceutical sciences
- CGPR 3.82
- Research Topic: Formulation and Evaluation of Orodispersible Tablets of Sumatriptan Succinate

PharmD •December 2015

- University of Karachi
- Faculty of pharmacy and pharmaceutical sciences
- CGPR 3.113

HSSC (Pre-Medical) •2010

- Govt. Degree Science College, Malir Cantt.
- 83% - A1 Grade

SSC (Science) •2008

- Nasir English Secondary School
- 85% - A1 Grade



Achievements, Research/Publications

Publications

1. Jaweed L, Ahmed Z, Ahmad SA, Imran M, Faraz S, Sahar T, Jaweed J, Maqsood MB, Ahmed S, Iqbal A, Khalid A. Assessment of COVID-19 vaccine booster dose acceptance, reluctance and concerns among elderly diabetes patients in Pakistan. Pak J Pharm Sci. 2022 Jul 1:1269-74.
2. Ali M, Khan Q, Jamal M, Gul S. Sahar T. Evaluation of antibiotics and clinical outcomes along with various other Factors in critically ill intensive care unit patients. Journal of Clinical Cases and Reports. 2022 Nov, 2023(S11), 149-156.

Poster Competition

1. Tuba Sahar, Syed Muhammad Farid Hasan
"FORMULATION OF ORODISPERSIBLE TABLETS OF SUMATRIPTAN SUCCINATE FOR MIGRAINE TREATMENT"
Presented a poster in International Summit of Health Professionals-2022, held on December 8th, 2022 at University of Lahore.
2. Tuba Sahar, Syed Muhammad Farid Hasan, Abdur Rehman.
"DRUG PRESCRIBING INDICATORS IN OPHTHALMOLOGY: A RETROSPECTIVE CROSS-SECTIONAL STUDY".
Presented a poster in the scientific research poster competition- Endynamo 3.0 with the theme of "Briding Research and Healthcare" held on July 28th, 2018 at Jinnah Sindh Medical University, Karachi.

Course Certificate

"DRUG DISCOVERY"

Williams S. Ettouati, Pharm.D. & Joseph D. Ma University of California
San Diego