



Full Name: Dr. Sana Iqbal Shaikh (PT)

Position/ Designation: Lecturer

Faculty/Department: Department of Rehabilitation & Health Sciences Karachi.

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Short Introduction

Dr Sana Iqbal Shaikh is a Physical Therapist who has served patients with dignity and Serving as Lecturer from last year. Currently she is working as a lecturer at Department of Rehabilitation & Health Sciences, Karachi. She is passionate about her work and a responsible person. She has publication and has interest in research. She also has supervised in clinical areas to various undergraduate students and assisted in research activities.

Experience

- Lecturer, Department of Rehabilitation & Health Sciences Karachi Nazeer Hussain University, Karachi from June, 2023 till date.
- Lecturer at Hayat Institute of Rehabilitation Medicine, Karachi from July 2022 to June 2023
- House Job at different departments of CHK, Dow University of Health Sciences Karachi Institute of Physical Medicine & Rehabilitation
- Electives at Tabbah Heart Institute
- Clinical Placements at different Universities of Karachi.



Educational Information

PGD in Cardiac Rehabilitation & Preventive Cardiology from Tabba Heart Institute, Karachi University
DPT from Dow University of Health Sciences Karachi, Institute of Physical Medicine & Rehabilitation
Intermediate from Hayat ul Islam Girls Degree College
Matric from Prestige High School

Achievements, Research/Publications

CERTIFICATION & ACHIEVEMENTS

- BLS by AHA
- Basic SPSS and Statistical Analysis.
- Online ECG short course from GP Education Project- UK
- 1 year house job at IPMR
- Neurological course from AGHA KHAN HOSPITAL
- Volunteering at Pakistan Martial Arts association training and at Darul Sukun and different camps
- Volunteering at DICE DUHS HEALTH INNOVATION EXHIBITION 2015
- Volunteering at social patient's welfare campaign
- CPR and trauma management workshops
- MS office

ACHIEVEMENTS

- 3rd position in poster competition on world physical therapy day at DUHS, IPM&R
- Got merit based scholarship from HEC in undergraduation Level.
- Research Publication in IJHESR Journal, (Knowledge , attitude & practices towards Coronavirus Disease (COVID-19) among Pakistani Residents during the vigorous upsurge phase of the outbreak). DOI : 10.29052/IJHESR.V11.il.2023.25-33 Published on 01/03/2023. Hana Aziz¹ , **Sana Iqbal Shaikh**² , Iqra Aziz³ , Nadia Aziz⁴ , Sonya Arshad⁵ & Muhammad Faisal Quershi⁵