



# Faculty Profile

**Full Name:** Deeba Khalid,PT

**Position/ Designation:** Demonstrator

**Faculty/Department:** DRHS

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## Short Introduction

A highly motivated and confident individual with exceptional multitasking and organizational skills. Adept at effective and sensitive communication with patients and caregivers to maximize rehabilitation outcomes and ensure understanding of complex clinical issues affecting recovery.

## Experience

- 1 year House Job at Jinnah Postgraduate Medical Center (JPMC)
- 6 months at Tuba Physiotherapy Rehabilitation Centre and Fitness Studio
- 3 months Internship at Fatimiyah Hospital
- 3 months Internship at Tuba Physiotherapy Centre
- 2 months Internship at Darul Sehat Hospital
- 1 month Internship at Liaquat National Hospital and Medical College
- 1 year as Management Head, Pakistan Physio Welfare Society
- 1 year as General Secretary (Karachi Chapter), Pakistan Physio Society
- 3 years as a Teacher at The Vibrant School
- Currently working at Nazeer Hussain University



## **Educational Information**

**Doctor of Physical Therapy – Iqra University**

**Intermediate (Pre-Medical) – Govt. Degree Girls College Safoora Goath**

**Matriculation – H.B Malik Public School**

## **Achievements, Research/Publications**

**Publication: Evaluating the effectiveness of Physical Therapy in patients Post Arthroscopic Partial Meniscectomy for traumatic Meniscal Tears**

### **Workshops Attended:**

- **Dry Needling**
- **Knee Joint Assessment & Clinical Approaches**
- **Surface Anatomy & Palpation Technique**
- **Basic Life Support**
- **Basic Instrument Assisted Soft Tissue Mobilization (IASTM)**

### **Achievements & Certificates:**

- **Participation as Volunteer in Free Medical Camp Conducted by Iqra University (2023)**
- **Participation as Understanding and Managing knee and lower back (2023)**
- **Best Teacher Certificate (2018)**
- **COVID-19 Awareness Medical Camp Participation (2018)**
- **ISCMUN – Iqra University (2019)**
- **Novel Coronavirus Course – London School of Hygiene & Tropical Medicine (2020)**



- **Online Quiz – Pakistan Physio Welfare Society (2020)**
- **Active Participation in Free Medical & Physio Camps (2021)**

**Seminars/Webinars:**

- **Attended over 10 webinars and seminars on medical topics**